

METH STRIKE FORCE

METH AND FAMILIES QUARTERLY NEWSLETTER



Overview

The Meth Strike Force recognizes the need for trauma informed intervention that includes the whole family. Many people develop substance use disorders after living through trauma and adverse childhood experiences (ACEs). Some risk factors include having a parent with a substance use disorder, losing a parent, having an incarcerated parent, experiencing physical or sexual abuse and many others. When a child can be part of a parent's recovery, the child can develop a sense of resilience and strength in their family.

In San Diego County we see the intergenerational nature of meth addiction and strive to support families recovering together.

Resources

Local

- <https://www.no2meth.org/> or 1-877-NO-2-METH
- Access and Crisis Line; 888-724-7240
- 2-1-1 SD or (858) 300-1211
- San Diego County Behavioral Health Services; (619) 563-2700

National

- SMART Recovery; <https://www.smartrecovery.org/>
- Alcoholics Anonymous; https://www.aa.org/pages/en_US
- Narcotics Anonymous; <https://www.na.org/>
- Al-Anon; <https://al-anon.org/>
- Suicide Prevention Lifeline; 1-800-273-8255
- SAMHSA's National Helpline; 1-800-662-4357

Program Spotlights

Alpha Project's Partnership with Dads' Club

The mission of the Alpha Project is to empower individuals, families, and communities by providing work, recovery and support services to people who are motivated to change their lives and achieve self-sufficiency.

The clients from Alpha Project utilize the Dads' Club program to focus on services that prepare clients for graduating from the Alpha Project. Dads' Club main focus is on parenting, health, relationships and financial fitness. Clients participate in workshop series and receive court recognized certificates along with six months comprehensive case management that aims to assist with support letters, child support, child visitation, housing, education and others services to seek or retain employment, homeless court and record expungement. Supportive services such as gas cards, monthly compass cards, driver license, ID and birth certificates are also available.

Alpha Project provides the treatment programming and clients participation in the Dad's Club helps them stay focused on themselves and the future with their families.

