

Neighborhood Safety Workgroup

QUARTERLY NEWSLETTER

Resource Spotlight

Resources 4 Residents

IPS South Bay, a member organization of the Neighborhood Safety Workgroup, created an amazing resource to support San Diegans' mental health.

See the full resource:
<https://bit.ly/3hadSo8>

This resource provides information for national and local resources, like the **National Suicide Prevention Lifeline** (800-273-TALK), the **National Domestic Violence Hotline** (800-799-7233), the **Crisis Text Line** (Text TALK to 741741), the **Access and Crisis Line** (888-724-7240) and many more.

There is also a list of **10 self care strategies** for mental wellness, a list of **substance use disorder programs**, including both outpatient recovery services and justice programs, as well as **teen resources** for perinatal services and recovery centers.

We're in this together.

Overview of the Neighborhood Safety Workgroup (NSW)

The Neighborhood Safety Workgroup is a sub-committee of the San Diego County Meth Strike Force (MSF). MSF recognizes that methamphetamine availability and use affects health and public safety in ways that are directly related to neighborhood safety.

The NSW focuses on reducing the impacts of meth in communities by increasing collaboration and partnership between prevention providers, law enforcement, multi-housing property management, and multi-housing residents.

SAN DIEGO COUNTY
MSF **Meth Strike Force**
PREVENT • TREAT • ENFORCE



Learn more about the Meth Strike Force at
www.no2meth.org